



Training Sessions in Surat Municipal Corporation Schools



Navsarjan conducted comprehensive training sessions in collaboration with the Surat Municipal Corporation (SMC) schools. These sessions aimed to equip students with essential life skills and awareness on critical issues.

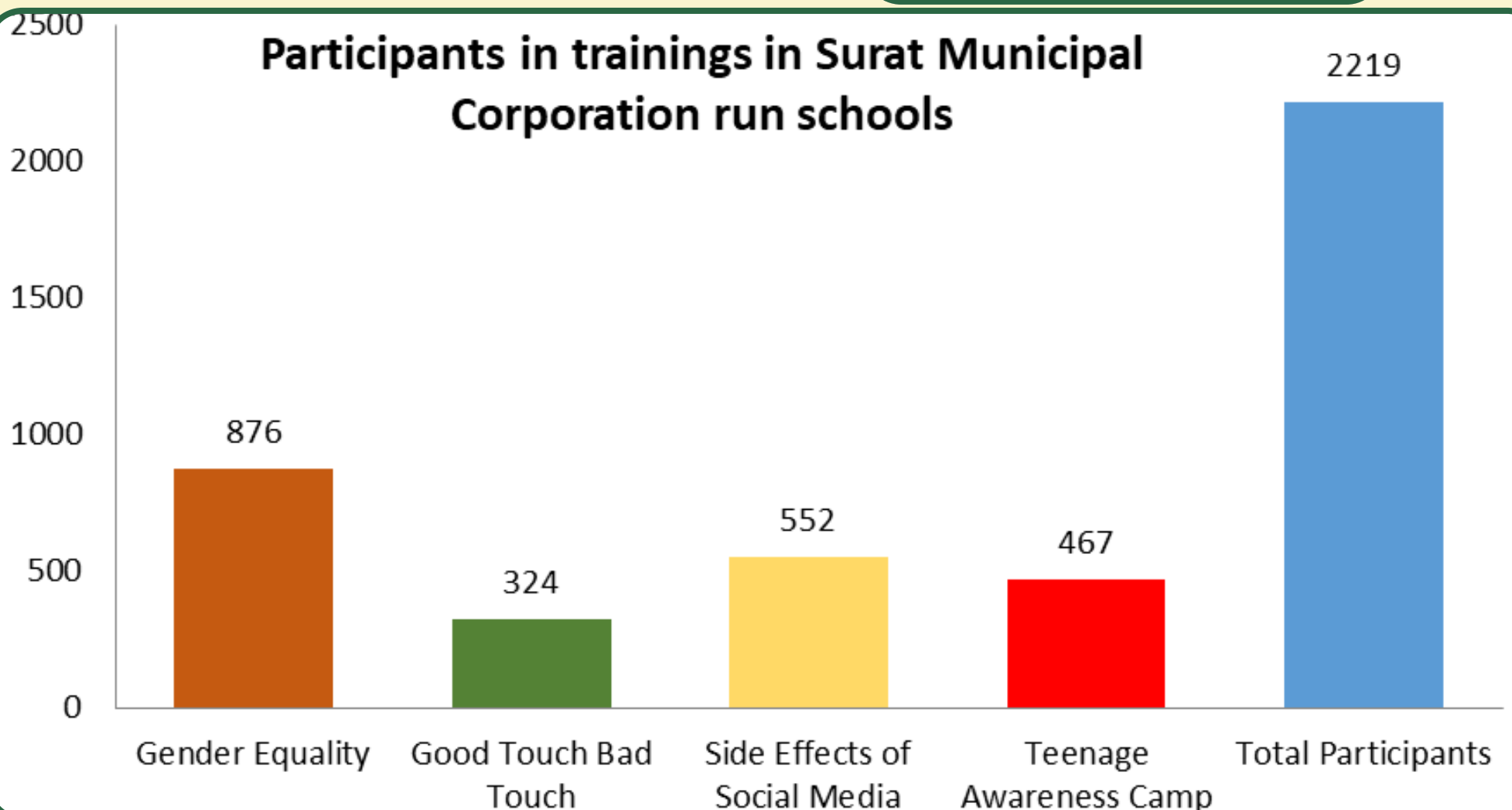
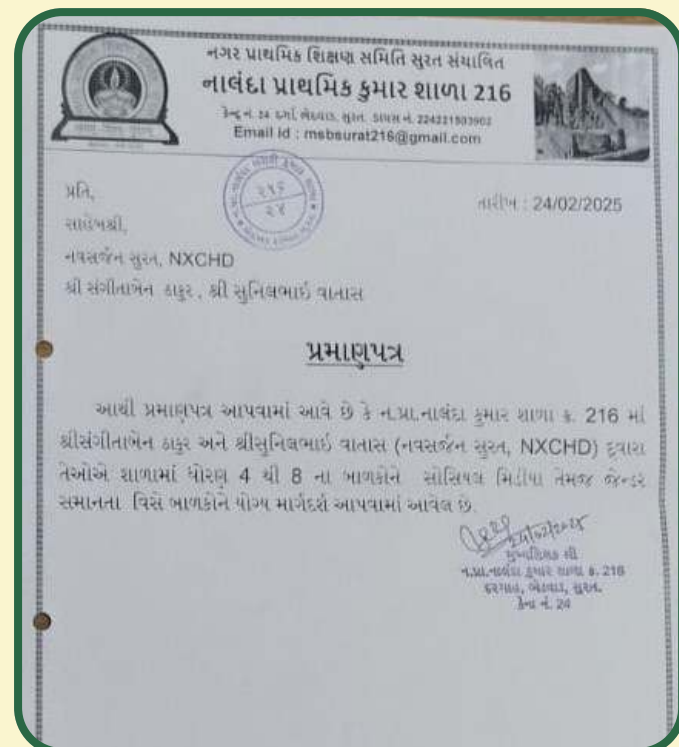
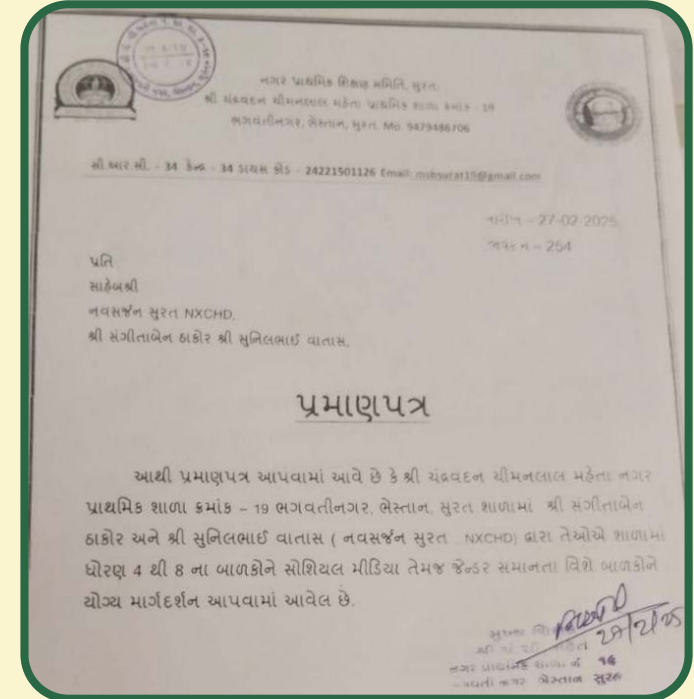
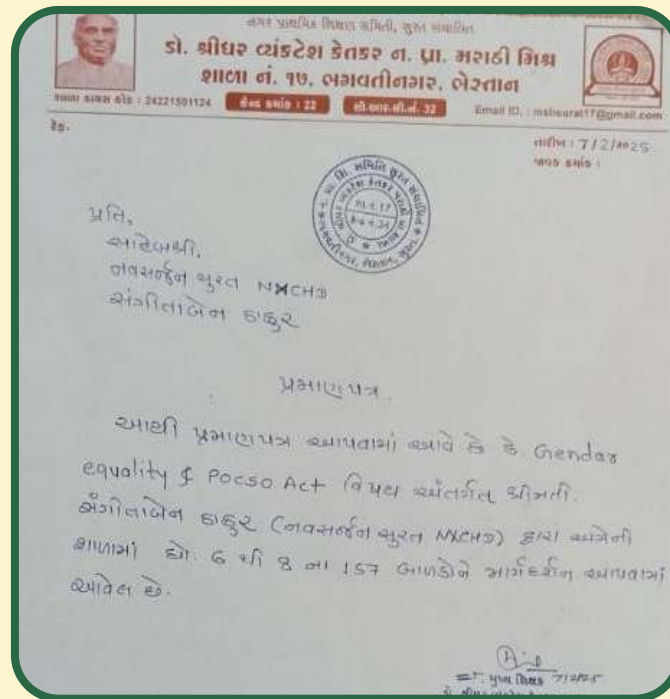
Session Highlights:

1. Social Media Awareness and Safety Training: Sunil Vatas from Navsarjan trained 359 students from standards 6-8 at schools number 258 and 17. The training, which included video presentations, focused on the negative impacts of the internet and social media on mental health. Students were encouraged to limit mobile phone use and prioritize career development. Additionally, the session covered the concept of Good Touch Bad Touch, educating children on appropriate responses to sexual harassment and available support avenues.
2. Gender Equality and Mental Health Training: Sangitaben Thakur and Sangitaben Patel from Navsarjan conducted training for 332 students from standards 6-8 at schools number 213 and 263. This session emphasized the importance of gender equality and its link to mental well-being. The training also included a teenage camp for adolescent girls, addressing topics such as menstruation, physical and mental health, education, and marriage. The camp highlighted the significance of proper nutrition, hygiene, and physical activity, using visual aids like posters to enhance understanding.

Overall Impact: Navsarjan's collaboration with SMC schools resulted in training sessions for 2,219 children across five schools, covering grades 5 to 8. These initiatives aimed to foster a supportive and inclusive school environment by promoting awareness on social media safety, gender equality, and mental health.



Training Sessions in Surat Municipal Corporation Schools





Funfair



Children from Shivshakti, Bhathena, and Udhna 9/7 areas came together to host a funfair. The event welcomed youth groups, local leaders, and women's associations as special guests. It drew participation from 635 children, 182 parents, and about 550 local residents. The children set up games and snack stalls, creating an engaging atmosphere for all attendees. The event was especially enjoyable for the children, who invited friends from nearby areas, making it a richer experience. What made this event stand out was that the children took charge of planning and executing the entire program, managing each stall themselves.



Sports Day Fosters Fun, Fitness, and Friendship



A vibrant Sports Day brought together 207 children and 67 parents/Mahila Mandal members across four locations, fostering a love for sports and a sense of community. The program attracted an audience of over 300 individuals from the local community. The day aimed to ignite a passion for sports in children, encouraging them to explore various physical activities. The inclusive format saw participation from parents and Mahila Mandal members, creating a supportive and fun environment. Children enthusiastically engaged in diverse games, fostering a spirit of healthy competition and teamwork. The event played a key role in promoting physical activity, sportsmanship, and a sense of brotherhood among participants.

This Sports Day exemplifies the power of community events in nurturing a love for sports and building strong bonds amongst children and adults alike.

Empowering Adolescents: Health and Wellness Camp for Teenage Girls



Navsarjan held specialized adolescent camps for 25 teenage girls from Marutinagar. The camps focused on empowering girls through education on key topics including menstruation, physical and mental health, education, and marriage. Participants learned about the importance of nutrition, hygiene, and exercise for well-being. Discussions covered menstruation (its nature, process, and importance), maintaining physical and mental health, the value of education and career planning, responsible decision-making and practical tips for a fulfilling life. Information was supplemented with posters to enhance understanding. The girls were enthusiastic about the new knowledge, which many had not previously received. Mothers expressed gratitude, noting the valuable insights gained by their daughters and encouraging future camps.



Kidney Disease Awareness Camp

Navsarjan organized a kidney disease awareness camp to educate people about kidney diseases. The camp was held in four areas: Shivshakti, Narayannagar, Vasimnagar, and Nargisnagar. A total of 101 women and men participated in the camp. Participants were informed about kidney diseases, their symptoms, and preventive measures. The camp aimed to raise awareness about kidney diseases and teach people how to identify symptoms.

At the end of the camp, free blood sugar and blood pressure tests were conducted for the participants. The camp helped people become more aware of kidney diseases, and many underwent blood sugar and blood pressure tests. In the camps, three people were found to have high blood pressure, and two women had high sugar levels. They were advised to consult a doctor and take medication accordingly.



Meeting of Navchetana Members



A meeting of Navchetana's 45 members was held, where they discussed celebrating International Women's Day. They decided to organize a Women's Empowerment Market during the celebration, where sisters would set up stalls to sell small and large items. This would help them engage in business and improve their future prospects. The sisters were assigned various responsibilities to ensure the success of the event.

Legal Awareness Camp: Empowering Society through Legal Empowerment



Navsarjan organized a legal awareness camp aimed at educating people about the legal system and citizens' rights. The camps were held in Bhathena, Nagsennagar, Althan, Vasimnagar, and Nargisnagar, with a total of 117 participants.

During the camp, a lawyer discussed what legal aid is and how to access it, as well as women's rights and domestic violence. Participants gained more information about the legal system and women's rights, becoming more aware and empowered.



Building Management Committee Meeting

A comprehensive meeting of the Building Management Committee was held, covering eight key areas: Rander, Althan, Kamarunagar, Swami Vivekanand, Gautamnagar, Ganeshnagar, Narayannagar, and Shivshakti. The meeting drew participation from 107 members, who engaged in discussions on several pressing issues. These included the status of building repairs, whether any maintenance work had been completed in their respective buildings, and concerns about burst tank pipes. The meeting provided a platform for members to address these issues and work towards finding solutions.



Integration of Two Mahila Mandals into Navchetana



Navchetana is a large organization comprising 31 associations. On February 11, 2025, two new associations joined: Khushbu Mahila Mandal from the Khatri Nagar area and Mehek Mahila Mandal from the Ramdevpir area. A total of 25 sisters from these two associations received training at Navsarjan regarding the importance and operation of women's associations. The training emphasized the four key pillars necessary for running an association effectively: purpose, cooperation, trust, and harmony among all members. By the end of the training, they gained an understanding of Navsarjan's activities.

Bhagyalakshmi Credit Co-Operative Society Ltd.

This month, Bhagyalakshmi Credit Co-Operative Society Ltd. provided loans totalling ₹840,000 to 15 members for various purposes. These loans included funds for school fees, home repairs, household expenses, and medical bills. The loans helped members meet their financial needs. Additionally, 60 new members joined the society this month, which increased its assets and capabilities.

Picnic – Sumul Dairy



On February 28, 2025, a picnic was organized for 149 children from grades 4 to 7. The purpose of this picnic was to educate the children about Surat's Sumul Dairy and to help them understand the process of how milk reaches their homes from production. The children learned how milk arrives at the dairy, what processes it undergoes once it arrives, and how products like milk, buttermilk, cheese, butter, and others are made and packaged before reaching their homes. The children were amazed and delighted by the visit to Sumul Dairy.



Youth Training – Confidence and Purpose



In February, two training sessions were conducted for the youth of Rasulabad, Bhathena, and Nagsennagar, focusing on confidence and purpose. The sessions saw participation from a total of 49 youth from Rasulabad, 36 from Bhathena, and 31 from Nagsennagar. Most of these young individuals are students, and they were encouraged to focus on building confidence and setting goals. The youth participated in these training sessions with great enthusiasm.

Understanding of Bal Panchayat and Formation of Committee



Bal Panchayat serves as a framework designed to facilitate children's participation in decision-making related to cultural, social, and educational issues. In February, 175 children from five different regions were introduced to the concept of Bal Panchayat, leading to the establishment of a committee in each of the five classes through an electoral process. This committee is tasked with addressing the concerns of the children and devising strategies for problem resolution. Meetings will be held every Saturday, during which the committee will engage with the children to discuss class activities and identify any issues, striving to resolve these challenges independently with the support of their team.



Itwillbe Director visited Navsarjan



The director of itwillbe visited Navsarjan. She gathered information regarding the operations of Navsarjan and engaged in discussions with the women leaders about their initiatives. Additionally, she visited the women in the community to gain insight into their circumstances. She also interacted with the youth and the girls attending the sewing classes, offering them encouragement to progress and inquired about the changes they have experienced following their training.

