



Empowering Adolescents:

Health and Wellness Camp for Teenage Girls

Navsarjan organized specialized adolescent camps for teenage girls from the Premnagar and Dargah areas, attracting 39 enthusiastic participants. The camp's main objective was to educate and empower girls on vital topics, including menstruation, physical and mental health, education, and marriage. Emphasizing the importance of proper nutrition, hygiene, and regular exercise, the camp aimed to promote overall well-being. Key discussions included understanding menstruation—its nature, process, and significance—maintaining physical and mental health, the value of education and career planning, developing responsible decision-making skills, and practical advice for leading a happy and fulfilling life.

Navsarjan Empowers Citizens Through Legal Awareness Camps

Navsarjan organized legal awareness camps aimed at educating the public about the legal system and their rights as citizens. These camps took place in four areas, including Panchsheel Nagar and Nargisnagar, with a total of 42 residents participating in these informative sessions.

The camps addressed a variety of essential legal topics, such as the legal implications of early marriage and the rights to maintenance and protection for women. Participants gained valuable insights into the legal system and their fundamental rights. Special emphasis was placed on encouraging women to avoid child marriage.



Meeting of the Anti-Sexual Committee

Committee members Maltiben Gamit, Sister Rekha Christi, Sister Nirmala Parmar, Sangeeta Thakur, and Sangeeta Patel were present, along with Navsarjan Director Samirbhai Macwan, who attended by invitation. The meeting included a review of the previous meeting's report, discussions on any complaints of sexual harassment, and the need to replace absent members of the Anti-Sexual Committee with new ones. Additionally, the inclusion of new members in the Child Protection Committee was also addressed.



Admission of Children to School

Field coordinators and teachers successfully enrolled a total of 72 children in school. They visited government schools, engaged in discussions with teachers and principals, and interacted with parents to facilitate the enrollment process. Additionally, they helped re-enroll children who had previously dropped out. The parents expressed great happiness at their children's admission to school.



Empowering Communities: Kidney Disease Awareness Camp

Navsarjan organized a kidney disease awareness camp in the Batliboy area to educate the community about kidney health. A total of 38 women actively participated in this informative event. During the camp, attendees learned about various aspects of kidney diseases, including symptoms and available treatments. The initiative aimed to raise awareness and equip individuals with the knowledge needed to recognize signs of kidney issues. Following the sessions, participants received complimentary check-ups for blood sugar and blood pressure, encouraging proactive health monitoring. This approach not only improved understanding of kidney diseases but also empowered individuals to take control of their health by identifying symptoms and tracking important health indicators.

Navsarjan is dedicated to promoting health awareness and community well-being through such impactful initiatives, emphasizing the importance of early detection and prevention of kidney diseases to ensure individuals are informed and capable of maintaining their health.



Bhagyalakshmi Credit Co-operative Society Holds Core Committee Meeting

Bhagyalakshmi Credit Co-operative Society Limited held a core committee meeting with 15 members in attendance. The meeting discussed the budget for gifts to be distributed on Bhagyalakshmi Day and prepared a list of members who will receive these gifts. Plans were also made to increase the number of members and savings in the credit society.

The members actively participated in the meeting, collaborated on plans, and took responsibility for various tasks.



Bhagalakshmi Credit Co-operative Society: A Pillar of Support

Bhagalakshmi Credit Co-operative Society Limited continues to be a crucial support system for its members. This month, the society provided Rs 7,30,000 in loans to 20 members to meet diverse financial needs, including school fees, house taxes, installments, and medical expenses. These loans significantly contributed to the financial stability and well-being of the members.

The society also welcomed 22 new members this month, expanding its reach and positioning itself to serve a broader community in the future. This growth strengthens the society's financial foundation and allows it to provide continued support and empowerment to a wider range of individuals. In July, 6 members were granted loans to purchase sewing machines, enabling them to create employment opportunities and live with pride.



Migrant People – Protection and Guidance



Kiritbhai from the District Legal Service Sata Mandal, along with Dilipbhai Prajapati, contractors, builders, and supervisors, convened at the Vijnesh Center construction site in Varachha, Surat, to provide laborers with information about government schemes, necessary documentation, safety measures, and the migration helpline.

Approximately 78 laborers from three labor markets, 48 individuals from three slum areas, and 42 people from the Bhestan Rainbasera were informed about the Migration Helpline. Additionally, 31 workers from two construction sites were educated on the protective equipment that contractors are required to provide.

In July, a total of four cases were reported to the Migration Helpline for assistance.

Type of Case	No of case
Cases relating to wages	1
Regarding Evidence	1
For divorce help	1
For a runaway child	1



Legal Guidance on Housing Issues

The Surat Municipal Corporation (SMC) issued notice number 264 concerning 55 buildings in Tanu Awas and residential structures in the Kamrunagar area. Meetings were conducted in these buildings to inform residents about the notice. Notice No. 264 is issued when a house or building is deemed dilapidated or unsafe for habitation, necessitating the removal of structures at risk of collapse. SMC urged residents to carry out repairs as soon as possible. Over 500 people attended these meetings to gain important information regarding their housing situations.

Visit to Health Center and Ward Office

Women from the Indiranagar Mahila Mandal Committee visited the Health Center and Ward Office, where they received a briefing from the officer about the operations of both facilities. During the visit, the women raised concerns about the improper disposal of waste, including contaminated water and garbage, in the Indiranagar area.

Additionally, the President of the Panchsheel Mahila Mandal accompanied local youth to the Udhana Health Center, where a doctor conducted a session on the importance of adolescent healthcare and the necessary precautions to take during this developmental stage. The children gained valuable insights on how to care for themselves during this critical period of adolescence.



Training given by children on Values, Gender Equality, and the Indian Constitution

A total of 65 teenagers from the areas of Nagsennagar, Rasulabad, and Bathena received training from their peers on values, gender equality, and the Indian Constitution. The training utilized videos, group activities, and question-and-answer sessions to engage the participants.

The children's participation was enthusiastic, and they expressed great satisfaction with the training. The involvement of their peers inspired other children to take initiative and assume leadership roles as well.



Talk with Successful People - by Lawyer

A total of 73 teenagers, including 47 girls and 26 boys, from the areas of Nagshennagar, Rasulabad, and Bathena, received training from successful people (lawyers). The lawyers discussed with the children the importance of studying law and working hard to achieve success.

The children were made aware of their fundamental rights. By interacting with the lawyers, the children gained legal knowledge and understood the necessity of hard work and dedication to achieve their goals.

Participants of the month of July

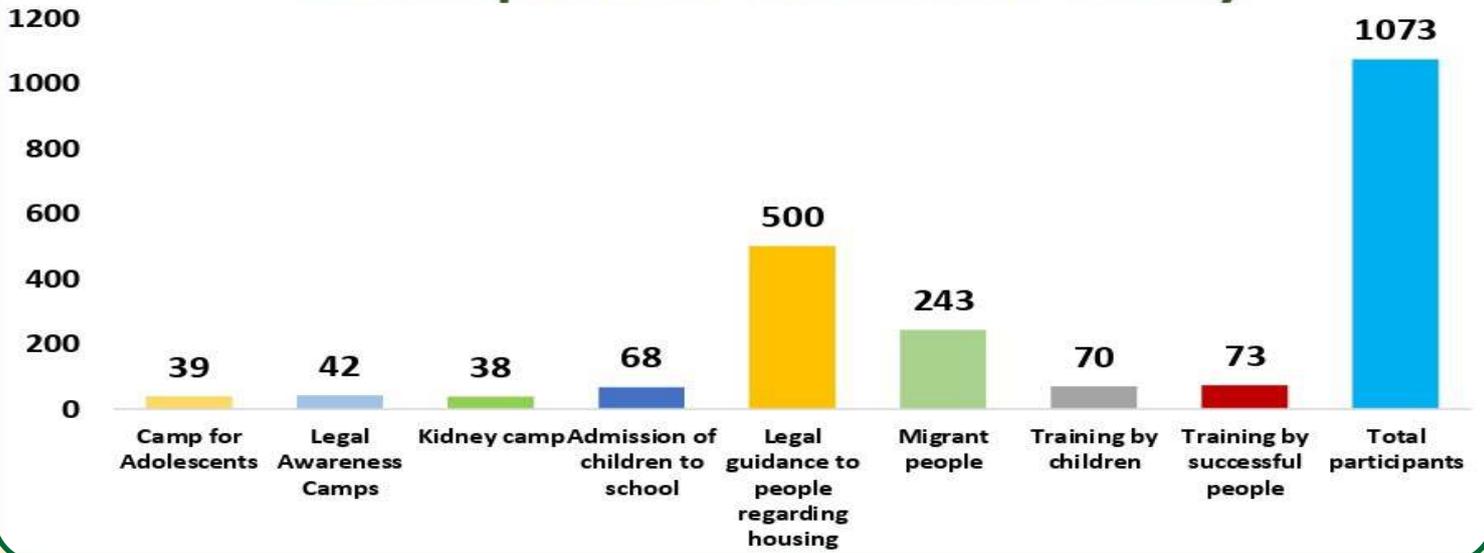


Photo Gallery



Legal Guidance on Housing Issues



Visit to Health Center and Ward Office

Photo Gallery



Bhagalakshmi Credit Co-operative Society



Training given by children



Migrant People – Protection and Guidance