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#### International Women's Day celebration







On March 8, 2025, in honor of International Women's Day, approximately 800-850 women gathered at the Municipal Community Hall in Khatodara, Surat. The venue was located at Chosath Jogni Mata Temple on Udhna-Magdalla Road.

The event featured prominent guests such as Mr. Nishant Acharya, Manager of Com. at Asian Star Company, Surat; Mr. Jwalant Pandya, HR Manager at the same company; Mr. Shringiben Desai, Trustee and Advocate from Surat; Dr. Manishaben Jhawar, a gynaecologist based in Surat; Mr. Miklesh Goyal, Director of Nirmal Vasundhara Pvt. Ltd.; Mr. Sameer Macwan, Director of Navsarjan; Mr. Fr. Melwin Dsa, Secretary of Navsarjan; Mrs. Jamilaben Ansari, President of Bhagyalakshmi Credit Co. Soc.LTD and Mrs. Shantaben Jadav, Secretary of Navchetna Trust.

The celebration included a cultural program and an "Empowerment Bazaar," designed to promote self-reliance among women through entrepreneurship. The bazaar featured stalls offering various products and snacks, creating opportunities for women to showcase their skills and generate income. The attendees enthusiastically participated in the event's activities, which included sessions on women's rights, health awareness, and business prospects. The cultural performances were well-received, and the initiative to empower women through business garnered widespread appreciation from attendees.

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# **International Women's Day celebration**

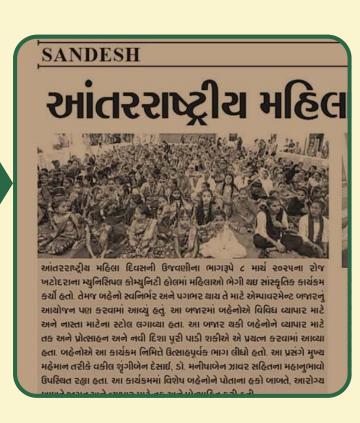


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# Through the eyes of a newspaper

Sandesh newspap er, Surat





Lokdin, newspaper, Surat

#### **Training Sessions in Surat Municipal Corporation Schools**

Navsarjan, in collaboration with Surat Municipal Corporation (SMC) schools, conducted impactful training sessions aimed at equipping students with essential life skills and awareness on critical issues.

Social Media Awareness and Safety Training

Navsarjan trained 320 students from grades 6 to 8 at SMC school number 266. The training included engaging video presentations that highlighted the negative impacts of the internet and social media on mental health. Students were encouraged to reduce mobile phone usage and focus on career development. Additionally, the session addressed the concept of "Good Touch and Bad Touch," educating children on recognizing and responding to sexual harassment while informing them about available support systems.

Navsarjan's partnership with SMC schools successfully trained 320 students across one school, fostering a safer and more inclusive environment. These initiatives emphasized social media safety and child protection, empowering students to navigate challenges confidently and responsibly.





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# Training of women in coordination with Investigation Units for Crimes Against Women (IUCAW) and District Authorities Mandal

Navsarjan, in collaboration with the Investigation Unit for Crimes against Women (IUCAW) and the District Authorities Mandal, conducted training sessions for 26 women from the Rasulabad area. Shri Vaishaliben Devare and Shri Shraddhaben provided valuable information on topics such as sexual harassment, the POCSO Act, the 181 Helpline, and the Sakhi One Stop initiative. The women actively engaged in the training, openly sharing their concerns and experiences. Following the session, participants reported a heightened awareness of these critical issues and expressed satisfaction with their newfound knowledge regarding sexual harassment, legal protections under the POCSO Act, and available support resources through the 181 Helpline and Sakhi One Stop initiative.





#### **Empowering Adolescents: Health and Wellness Camp for Teenage Girls**





Navsarjan organized specialized adolescent camps for 39 teenage girls from Narayannagar and Zero Modi, focusing on empowering them through education on essential topics such as menstruation, physical and mental health, education, and marriage. The camps emphasized the importance of nutrition, hygiene, and exercise for overall well-being. Participants engaged in discussions about menstruation—its nature, process, and significance—as well as the importance of maintaining both physical and mental health. They also explored the value of education and career planning, responsible decision-making, and practical tips for leading fulfilling lives. To enhance understanding, information was supplemented with visual aids such as posters. The girls showed great enthusiasm for the knowledge they gained, much of which was new to them. Mothers expressed their gratitude, noting the valuable insights their daughters acquired and encouraged the continuation of such camps in the future.

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#### **Kidney Disease Awareness Camp**





Navsarjan organized a kidney disease awareness camp to educate the community about kidney health, which took place in Althan, Nagsennagar, and Siddharthnagar. A total of 101 participants, both women and men, attended the camp, where they learned about kidney diseases, their symptoms, and preventive measures. The primary goal was to raise awareness and teach attendees how to identify symptoms related to kidney health.

At the conclusion of the camp, participants received free blood sugar and blood pressure tests. This initiative significantly increased awareness of kidney diseases among attendees, many of whom opted for the health screenings. During the tests, four individuals were found to have high blood pressure, while two women exhibited elevated blood sugar levels. They were advised to consult a doctor for appropriate treatment and management.

# Meeting of Navchetana Members





Navchetna convened a meeting with 32 participants to evaluate the recent celebration of International Women's Day. The group noted the success of the new initiative, the Empowerment Bazaar, which brought significant joy to local women. Participants suggested that similar programs should be organized on a larger scale in the future to further enhance community engagement.

Additionally, the meeting addressed pressing issues in the area, with women voicing concerns about the high rates of illness among children and widespread addiction problems affecting the population. This discussion highlighted the need for ongoing support and initiatives aimed at improving health and well-being within the community.

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#### Legal Awareness Camp: Empowering Society through Legal Empowerment





Navsarjan organized a legal awareness camp aimed at educating people about the legal system and citizens' rights. The camps were held in Panchsheel nagar, with a total of 27 participants.

During the camp, a lawyer discussed what legal aid is and how to access it, as well as women's rights and domestic violence. Participants gained more information about the legal system, domestic violence and women's rights, becoming more aware and empowered.

#### Integration of Two Mahila Mandals into Navchetana

Navchetana is a large organization comprising 33 associations. In the month of March 2025, one new association joined: Bhagyalakshmi Mahila Mandal from the Batliboy area. A total of 8 women from these one associations received training at Navsarjan regarding the importance and operation of women's associations. The training emphasized the four key pillars necessary for running an association effectively: purpose, cooperation, trust, and harmony among all members. By the end of the training, they gained an understanding of Navsarjan's activities.



# Bhagyalakshmi Credit Co-Operative Society Ltd.

This month, Bhagyalakshmi Credit Co-Operative Society Ltd. provided loans totalling ₹3,60,000 to 6 members for various purposes. These loans included funds for school fees, home repairs, household expenses, and medical bills. The loans helped members meet their financial needs. Additionally, 38 new members joined the society this month, which increased its assets and capabilities.



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#### **Holi Celebration**





On 13 March 2025, Holi was celebrated with great enthusiasm in classes 1 to 8. A total of 227 children, 29 parents and 7 women's group sisters participated in the celebration. At the outset of the celebration, the significance of the Holi festival was conveyed to the children. They learned about the historical background of Holi and the various rituals associated with its observance. Subsequently, the children articulated five sentences regarding Holi, emphasizing the importance of its vibrant colours and their application. Following this, the children joyfully adorned one another with colourful powders. They exchanged hues using rose, water colours, and other shades. The festivities included games, dancing, and a shared meal, fostering a sense of community. The children joyfully applied colours to one another, revelling in the fun without any form of discrimination. Each child radiated happiness and excitement. Their parents, who were also present at the celebration, expressed delight in witnessing their children, partake in the Holi festivities.









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# Annual Examination – Assessment of children's learning

An annual examination was conducted to assess the learning outcomes of the children enrolled in tuition classes. A total of 177 children from tuition classes participated in the examination. The children were well-prepared and participated diligently in the exam.



#### Youth Training -Purpose









In March, training sessions were conducted for the youth of Rasulabad, Bhathena and Nagasennagar, with a particular focus on the importance of setting goals. The training saw participation from 26 young individuals from Rasulabad, 21 from Bhathena, and 17 from Nagasennagar. Many of these participants are currently pursuing their studies, and they were urged to prioritize goal-setting in their lives. Since most of them had not previously established any personal goals, the sessions provided a comprehensive explanation of the significance of goals and their long-term benefits. The youth engaged in the training with considerable enthusiasm.

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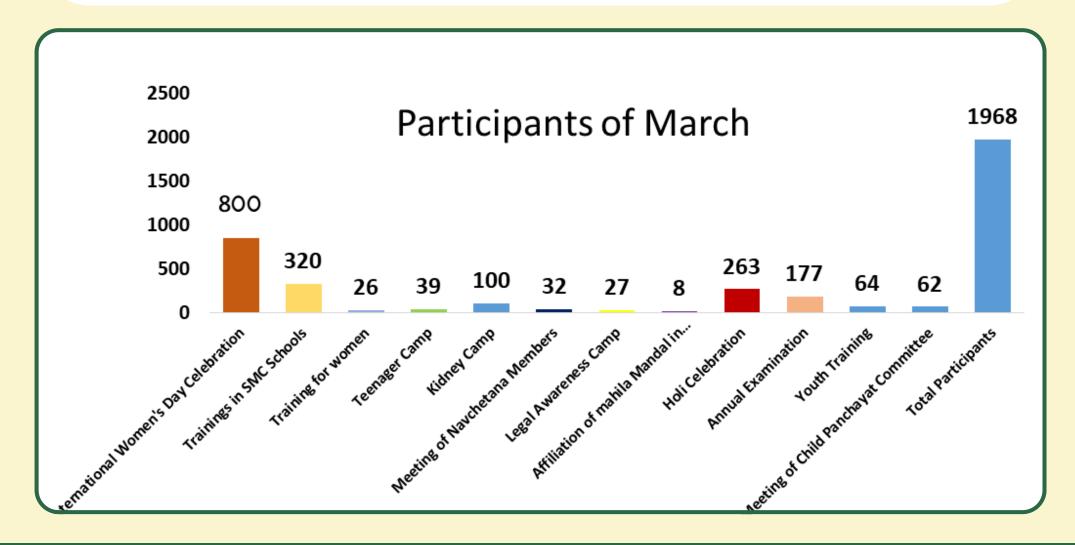
#### Meeting of the Bal Panchayat Committee





A Bal Panchayat is a framework that engages children in the decision-making process regarding cultural, social, and educational issues. In March, a Bal Panchayat Committee convened a meeting with 62 children from a specific area, primarily focusing on the challenges faced by the children in classroom.

During this gathering, the children chose to address a single issue and deliberated on establishing a drinking water facility within their classroom. The Bal Panchayat Committee collaborated with the children to explore ways to implement this water facility. Collectively, the children agreed to fundraise to purchase a water pot, which would be placed in the classroom, and they also discussed the associated costs. The children expressed great satisfaction with this initiative, appreciating their ability to manage and make decisions independently.



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#### One of the chapter of Navsarjan has ended today - Farewell Program



Bhikhubhai Bhurabhai Vasava

Bhikhubhai Bhurabhai Vasava dedicated 38 years of his life to serving the underprivileged in Surat through Navsarjan.

He has witnessed the evolution of Navsarjan, with his efforts forming its very foundation. Bhikhubhai is often referred to as the encyclopedia of Surat; he possesses extensive knowledge about various matters and locations within the city. His contributions as a dedicated member of Navsarjan have been invaluable since its inception. Due to age limit regulations, he is now retiring, but his legacy will remain intertwined with the organization, as they are two sides of the same coin.

We extend our best wishes to Bhikhubhai for a peaceful and healthy retirement, hoping he enjoys this new chapter of his life.



